

# Cultural competency resources

## DESCRIPTION

In these activities, participants will explore culturally different expectations for clinical communication and behaviour and help to develop strategies for responding effectively when expectations differ between colleagues, patients and their family members/carers.

Being able to identify these diverse cultural perspectives will allow you to understand varying medical beliefs and behaviours, and where necessary, to guide others in adapting to the Australian or New Zealand context.

From January 1, 2020 this ANZCA and FPM CPD program activity will be claimed under the Practice evaluation category at two credits per hour, credit cap of 10 credits annually.

## ANZCA Professional document

[PS62 Statement on Cultural Competence](#)

[PS62 Statement on Cultural Competence Background paper](#)

[Evolving ANZCA's strategy towards Indigenous health: Background paper](#)

## RESOURCES

[Networks – Intercultural Competency](#)

Available through Networks, ANZCA/FPM online learning and collaboration system, this intercultural competency resource is designed for practitioners in Australia and New Zealand. This resource assists in how viewing cultural perspectives in workplace interactions, including your own and perspectives of patients, colleagues and team members.

[ANZCA Library Guide - Indigenous health](#)

This guide has been designed for anaesthetists interested in Indigenous health to locate relevant resources on this topic.

[ANZCA Indigenous Health Resources](#)

ANZCA indigenous health podcast series. These resources have been developed to provide an introduction into working with indigenous patients, for further information you are encouraged to consult the rest of the podcast series.

[Network for Indigenous Cultural and Health Education \(NICHE\)](#)

The NICHE portal is an Aboriginal and Torres Strait Islander health and cultural learning portal for medical practitioners.

[Australian Indigenous Health Info Net](#)

The Australian Indigenous Health Info Net provides support to those working in the Aboriginal and Torres Strait Islander health sector by making research and other knowledge readily accessible.

[National Aboriginal Community Controlled Organisation \(NACCHO\)](#)

NACCHO is a living embodiment of the aspirations of Aboriginal communities and their struggle for self-determination.

### [Australian Indigenous Doctors' Association \(AIDA\) – Cultural safety](#)

AIDA is a not-for-profit professional association supporting Aboriginal and Torres Strait Islander medical students and doctors.

- [Position paper cultural safety for Aboriginal and Torres strait islander doctors, medical students and patients](#)
- [Cultural safety factsheet](#)
- [Cultural Safety Toolkit](#)

### [Centre for Cultural Competence Australia \(CCCA\)](#)

CCCA is a majority Indigenous-owned consulting and cultural training organisation with an outcomes-based approach that delivers real and lasting change at a personal and professional level.

### [Leaders in Indigenous Medical Education \(LIME\)](#)

The LIME Network is a dynamic network dedicated to ensuring the quality and effectiveness of teaching and learning of Indigenous health in medical education, as well as best practice in the recruitment and retention of Indigenous medical students and trainees.

### [Medical Council of New Zealand](#)

Cultural competence standards set out what the Council expects of doctors when it comes to treating patients in a culturally diverse population such as ours.

- [Statement on cultural safety](#)
- [He Ara Hauora Māori: A Pathway to Māori Health Equity](#)

### [Health Quality and Safety Commission \(HQSC\) of New Zealand](#)

Learning and education modules on understanding bias in health care, developed for Wiki Haumarū Tūroro | Patient Safety Week 2019.

### [Mauriora Health Education](#)

The online Foundation Course in Cultural Competency was developed specifically for the registered New Zealand health workforce and provides a basic understanding of cultural competency & health literacy in the New Zealand Health context

### [Te Rau Ora](#)

Te Rau Ora is a Ministry of Health part funded organisation that focuses on Māori mental health and wellbeing, research and workforce matters. Te Rau Ora produces resources and hosts events regularly.