

Australian and New Zealand College of Anaesthetists (ANZCA)

Recommendations on Monitored Care by an Anaesthetist

1. INTRODUCTION

The Australian and New Zealand College of Anaesthetists endorses the concept of monitored care provided by an anaesthetist for a procedure performed under local anaesthesia or sedation. Monitored care may also be required in special situations such as the intravascular administration of contrast medium in a suspected susceptible patient.

Monitored care may be requested by a surgeon, dentist, obstetrician, physician, endoscopist, radiologist, radio therapist, or other proceduralist, or by a patient or his/her carer.

The provision of monitored care may be exacting and time consuming because of the general condition of the patient and, in some cases poor access, the location of the procedure and availability of support staff.

2. GENERAL PRINCIPLES

2.1 Monitored care shall include:

2.1.1 Performance of a pre-anaesthetic consultation in accordance with College Professional Document *PS07 Recommendations on the Pre-Anaesthesia Consultation*, including obtaining consent in accordance with College Professional Document *PS26 Guidelines on Consent for Anaesthesia or Sedation*.

2.1.2 Monitoring of the patient, as appropriate, in accordance with College Professional Document *PS18 Recommendations on Monitoring During Anaesthesia*.

2.1.3 Administration of intravenous sedation, if required, in accordance with College Professional Document *PS09 Guidelines on Conscious Sedation for Diagnostic, Interventional Medical and Surgical Procedures*.

2.1.4 Other therapeutic measures as required.

2.1.5 Transfer of the patient, if required, to an appropriate Recovery Area in accordance with College Professional Document *PS04 Recommendations for the Post-Anaesthesia Recovery Room*.

2.2 A record of clinical observations and of drugs administered shall be kept in accordance with College Professional Document *PS06 The Anaesthesia Record. Recommendations on the Recording of an Episode of Anaesthesia Care*.



- 2.3 To ensure that standards of patient care are satisfactory, equipment and staffing of the area in which the patient is being managed should satisfy the requirements in the appropriate College Professional Document *PS55 Recommendations on Minimum Facilities for Safe Administration of Anaesthesia in Operating Suites and Other Anaesthetising Locations* (previously T01).

Professional documents of the Australian and New Zealand College of Anaesthetists (ANZCA) are intended to apply wherever anaesthesia is administered and perioperative medicine practised within Australia and New Zealand. It is the responsibility of each practitioner to have express regard to the particular circumstances of each case, and the application of these ANZCA documents in each case. It is recognised that there may be exceptional situations (for example, some emergencies) in which the interests of patients override the requirement for compliance with some or all of these ANZCA documents. Each document is prepared in the context of the entire body of the College's professional documents, and should be interpreted in this way.

ANZCA professional documents are reviewed from time to time, and it is the responsibility of each practitioner to ensure that he or she has obtained the current version which is available from the College website (www.anzca.edu.au). The professional documents have been prepared having regard to the information available at the time of their preparation, and practitioners should therefore take into account any information that may have been published or has become available subsequently.

Whilst ANZCA endeavours to ensure that its professional documents are as current as possible at the time of their preparation, it takes no responsibility for matters arising from changed circumstances or information or material which may have become available subsequently.

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