

Post Crisis Management

Once Situation is Stabilised

Consider Steroids	<p>Dexamethasone 0.1 - 0.4 mg/kg (Paediatric maximum 12 mg)</p> <p>Hydrocortisone 2 - 4 mg/kg (Paediatric maximum 200 mg)</p>
Consider ORAL Antihistamines	Consider Oral non-sedating Antihistamines when patient able to take oral medications
I.V./I.M. Antihistamines	NOT RECOMMENDED

Consider: Proceed/Cancel/Postpone Surgery Postoperative ICU/HDU monitoring

Investigations	<ul style="list-style-type: none"> • Tryptase at 1 hour, 4 hours and > 24 hours Send to laboratory for processing ASAP If > 1 hour to laboratory then refrigerate Use serum (SST) or plain tube • Other investigations as clinically indicated • Coagulation screen if proceeding with surgery
Observations	<ul style="list-style-type: none"> • Monitor closely for 6 hours • Consider 24 hours ICU/HDU if moderate to severe • Anaphylaxis may persist for >24 hours despite aggressive treatment

Letter with Patient: Reaction Description + Agents Used

Refer Patient for Testing and Allergy Assessment

**For referral form & to locate nearest testing centre go to
www.anzaag.com**