



2025 Tasmanian Combined  
Winter CME Meeting

# Where the magic happens

Saturday 23 August 2025

Josef Chromy Winery



# Program

8-9am	Registration and coffee	
Session one – Chair Dr Ryan Hughes		
9-9.10am	Welcome and housekeeping	
9.10-9.45am	ASURA wrap – What’s new in regional anaesthesia	Dr Ranjita Sharma Supervisor of Training, Staff Specialist – Anaesthetics, Royal Hobart Hospital Tasmania
9.45-10.30am	Social media addiction	Dr George Hyde Psychiatrist, Launceston
10.30-11am	Morning tea	
Session two – Chair Dr Ben O’Sullivan		
11-11.45am	Multidisciplinary care in pain management: Optimising patient outcomes through collaboration	Dr Olivia Ong The Heart-Centred Method Institute, Rehabilitation and Pain Physician/ International Speaker/Nervous System Regulation Expert
11.45am-12.30pm	Prehabilitation – Who, when, what, where, and how!	Dr Ianthe Boden Surgical and Critical Care Specialist Physiotherapist, Launceston General Hospital
12.30-1.30pm	Lunch	
Session three – Chair Dr Sneha Ancheri		
1.30-1.45pm	Sandy Zalstein Prize Presentation	Dr Bruce Newman – Tasmania Regional Committee Chair
1.45-2.30pm	One case, many insights: Navigating the latest in obstetric anaesthesia	Dr Jane Leadbeater Staff specialist at the Royal Brisbane and Women’s Hospital
2.30-3pm	Sustainability practices – Drug disposal/N2O pipeline testing	Dr Dane Blackford MBChB (Otago), FANZCA, Launceston
3-3.30pm	Afternoon tea	
Session four – Chair Dr Ryan Hughes		
3.30-3.45pm	Establishing an awake intubation course	Dr David Brooke Launceston General Hospital
4-4.45pm	Clinician burnout and mental health: A focus on strategies to address burnout and enhance mental health	Dr Olivia Ong The Heart-Centred Method Institute, Rehabilitation and Pain Physician/ International Speaker/Nervous System Regulation Expert
4.45-5.30pm	Sit! Stay! Sleep: The art of veterinary anaesthesia	Dr Jane Leadbeater Staff specialist at the Royal Brisbane and Women’s Hospital & previous veterinarian
Meeting closed		
6-10pm	Three course sit down dinner	