



FPM

Faculty of Pain Medicine
ANZCA

Kotahi tātou i te waka: United in the journey of pain care

2026 FPM SYMPOSIUM AUCKLAND

Friday 1 May | JW Marriot, Auckland Central

Program

Optional workshop		
7-8.30am	FPMS01 Management of acute severe behavioural disturbance (ASBD) <i>*Please note you must register for this event to attend, places are limited.</i>	Facilitators: Dr Kim Jamieson and Dr Paul Vroegop
8-8.30am	Registration	
8.30-10.30am	Session one: Waka Whakatere: Steering the future of pain management – Highlighting innovation and leadership in chronic pain care	Chair: Dr David Boothman-Burrell
	Pōwhiri	
	Welcome from the FPM Symposium Convenor and FPM Dean	Dr David Boothman-Burrell Dr Dilip Kapur
	Pain nanomedicine – lived experience inspired innovation	Prof Jelena Janjic
	Adverse childhood experiences and chronic pain	Prof Lesley Colvin
	Innovative science leads to novel solutions for pain	Prof Irene Tracey
	Live panel discussion and Q&A	
10.30-11am	Morning tea	
11am-12.30pm	Session two: Te Waka Mauri: Restoring wellbeing in chronic pain – Centering holistic and Māori-informed approaches to pain management	Chair: Dr Jane Thomas
	Cultural safety vs cultural assault – How policies harm health	Dr Curtis Walker
	The Meihana Model – Does it apply to pain management?	Prof Suzanne Pitama
	Live panel discussion and Q&A	
12.30-1.30pm	Lunch	
1.30-3pm	Session three: Waka Tūhono: Bridging science, culture, and care in chronic pain – Focusing on integrative, culturally responsive pain management	Chair: Dr Charlotte Hill
	Psychological and emotional factors in complex regional pain syndrome: Update and future directions	Dr Debbie Bean
	Facilitating clinical conversations of tapering opioids – A story-based tapering support intervention	Dr Hemakumar Devan
	Live panel discussion and Q&A	
3-3.30pm	Afternoon tea	
3.30-5pm	Session four: Waka Haerenga: Navigating the journey of chronic pain – Emphasizing the collective journey of patients and clinicians in managing chronic pain	Chair: Dr Leinani Aiono-Le Tagaloa
	From symptoms to stories: Person-centred pain care in action	Dr Bronwyn Lennox-Thomson
	Pain...take and it takes, and it takes: Insights from the 2025 National Pain Survey	Dr Katherine Brain
	E raranga ana oku kete: continuing to weave my baskets	Ms Rongomaiwahine Higgins-Herewini
	Live panel discussion and Q&A	
	Closing comments	Dr Leinani Aiono-Le Tagaloa
7-10pm	FPM Symposium Reception at Sunset Bar	

*Times are listed in NZST

#FPM26AKL