



Kotahi tātou i te waka: United in the journey of pain care

2026 FPM SYMPOSIUM AUCKLAND
Friday 1 May | JW Marriot, Auckland Central

Program

Optional workshop		
7-8.30am	FPMS01 Management of acute severe behavioural disturbance (ASBD) <i>*Please note you must register for this event to attend, places are limited.</i>	Facilitators: Dr Kim Jamieson and Dr Paul Vroegop
8-8.30am	Registration	
8.30-10.30am	Session one: Waka Whakatare: Steering the future of pain management – Highlighting innovation and leadership in chronic pain care	Chair: Dr David Boothman-Burrell
	Mihi Whakataurua	
	Welcome from the FPM Symposium Convenor and FPM Dean	Dr David Boothman-Burrell Dr Dilip Kapur
	Pain nanomedicine – lived experience inspired innovation	A/Prof Jelena Janjic
	Adverse childhood experiences and chronic pain	Prof Lesley Colvin
	Innovative science leads to novel solutions for pain	Prof Irene Tracey
	Live panel discussion and Q&A	
10.30-11am	Morning tea	
11am-12.30pm	Session two: Te Waka Mauri: Restoring wellbeing in chronic pain – Centering holistic and Māori-informed approaches to pain management	Chair: Dr Jane Thomas
	Cultural safety vs cultural assault – How policies harm health	Dr Curtis Walker
	The Meihana Model – Does it apply to pain management?	Prof Suzanne Pitama
	Live panel discussion and Q&A	
12.30-1.30pm	Lunch	
1.30-3pm	Session three: Waka Tūhono: Bridging science, culture, and care in chronic pain – Focusing on integrative, culturally responsive pain management	Chair: Dr Charlotte Hill
	Psychological and emotional factors in complex regional pain syndrome: Update and future directions	Dr Debbie Bean
	Facilitating clinical conversations of tapering opioids – A story-based tapering support intervention	Dr Hemakumar Devan
	Live panel discussion and Q&A	
3-3.30pm	Afternoon tea	
3.30-5pm	Session four: Waka Haerenga: Navigating the journey of chronic pain – Emphasizing the collective journey of patients and clinicians in managing chronic pain	Chair: Dr Paul Vroegop
	From symptoms to stories: Person-centred pain care in action	Dr Bronwyn Lennox-Thomson
	Pain...take and it takes, and it takes: Insights from the 2025 National Pain Survey	Dr Katherine Brain
	E raranga ana oku kete: continuing to weave my baskets	Ms Rongomaiwahine Higgins-Herewini
	Live panel discussion and Q&A	
	Closing comments	Dr Paul Vroegop
7-10pm	FPM Symposium Reception at Sunset Bar	

*Times are listed in NZST

#FPM26AKL