



COMBINED SIG MEETING

# Strong systems, thriving teams

26–28 June 2026  
The Continental Sorrento, Victoria

## PROGRAM

Friday 26 June

9–10.30am	Workshops	
9–10.30am	<b>Workshop 1:</b> Art and uncertainty: Visual thinking strategies and navigating uncertainty in medicine (ticketed)	<i>Facilitator: Dr Catherine Olweny</i>
9–10.30am	<b>Workshop 2:</b> Psychological first aid (A) (ticketed)	<i>Facilitator: Dr Tim Driscoll</i>
9–10.30am	<b>Workshop 3:</b> Wellbeing@Work (ticketed)	<i>Facilitator: Dr Divya Sharma</i>
10.30–11am	Morning tea	
11am–12.30pm	Workshops	
11am–12pm	<b>Workshop 1 (continued):</b> Art and uncertainty: Visual thinking strategies and navigating uncertainty in medicine (ticketed)	<i>Facilitator: Dr Catherine Olweny</i>
11am–12.30pm	<b>Workshop 4:</b> Psychological first aid (B) (ticketed)	<i>Facilitator: Dr Tim Driscoll</i>
11am–12.30pm	<b>Workshop 3 (continued):</b> Wellbeing@Work (ticketed)	<i>Facilitator: Dr Divya Sharma</i>
12.30–1.30pm	Lunch	
1.30pm	Welcome to Country	
	Convenors' welcome	<i>Dr Divya Sharma and Dr Kushlani Stevenson</i>
1.45–3pm	Session 1: Beyond resilience: Building systems that support (anaesthetists') wellbeing at work <i>Wellbeing SIG session</i>	<i>Chair: Dr Divya Sharma</i>
	Working with limited resources: How I manage my work with the changes to WHS law	<i>Dr Tim Driscoll</i>
	What does a wellbeing advocate do?	<i>Dr Tabara Dione</i>
	Q&A	
3–3.30pm	Afternoon tea	
3.30–5pm	Session 2: Beyond the traditional path: Expanding professional roles for the anaesthetist interested in wellbeing <i>Wellbeing SIG session</i>	<i>Chair: Dr Kushlani Stevenson</i>
	Highlights from "the Stanford course"	<i>Dr Janette Wright</i>
	WELLS pilot project	<i>Dr Tabara Dione</i>
	From counselling to VTS	<i>Dr Catherine Olweny</i>
	Q&A	
5–6.30pm	Welcome reception	

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Saturday 27 June

9-10.30am	Session 3: Supporting people, sustaining services: The balancing act of promoting wellbeing at work <i>Leadership and Management SIG session</i>	<i>Facilitator: Associate Professor Nicole Phillips</i>
	Panel	<i>Associate Professor Belinda Phillips Associate Professor Kara Allen Dr David Bramley</i>
10.30-11am	Morning tea	
11am-12.30pm	Session 4: <i>Strengthening systems, supporting teams: Understanding who we are and how we work</i> <i>Medical Education SIG session</i>	<i>Chairs: Associate Professor Kara Allen and Dr Megan Allen</i>
	Mixed method needs analysis prior to implementation of a regional anaesthesia service	<i>Dr James Ballantyne</i>
	Guidance for the early management of severe intracranial neurotrauma at a specialist trauma centre: Context assessment and adaptive implementation	<i>Dr Megan Allen</i>
	I am an anaesthetist - Why is professional identity important?	<i>Associate Professor Kara Allen</i>
	Q&A	
12.30-1.30pm	Lunch	
1.30-3pm	Session 5: <i>Communication in Anaesthesia SIG session</i>	
	Animals in medical education	<i>Dr Elizabeth Gooch</i>
	Coaching and wellbeing	<i>Dr Tabara Dione</i>
	Hypnosis and working with doctors	<i>Dr Catherine Olweny</i>
	Q&A	
3-3.30pm	Afternoon tea	
3.30-5pm	Session 6: Wellbeing activities	
	<i>This session has been set aside to allow delegates to focus on wellbeing. Participate in one of the scheduled activities below or take time out to relax, reset, and explore Sorrento at your own pace while enjoying all that the region has to offer. Refer to the meeting website for a thoughtful list of self guided activities and suggestions.</i>	
3.30-5pm	<b>Workshop 5:</b> Psychological first aid (C) (ticketed)	<i>Facilitator: Dr Tim Driscoll</i>
7-10.30pm	Meeting dinner (ticketed)	<i>Sardo Sorrento</i>

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## PROGRAM

Sunday 28 June

9-10.30am	<i>Session 7: From policy to practice: The real-world impact of changes to OHS law Wellbeing SIG session</i>	<i>Chair: Dr Kushlani Stevenson</i>
	The real world impact of changes to work health and safety law	Ms Jen Agars
	Q&A	Ms Jen Agars, Dr Tabara Dione and Heads of Department Representative (TBC)
10.30-11am	Morning tea	
11am-12.30pm	<i>Session 8: Self care and professional risk: Myth, reality, and responsibility Wellbeing SIG session</i>	<i>Chair: Dr Divya Sharma</i>
		<i>Ahpra representative, Health insurance/ medical indemnity representative</i>
12.30-1.30pm	Lunch	
1.30pm	Meeting concludes	