

EPA 4 – Provide effective perioperative pain relief for patients.

Description

The trainee is able to provide effective acute pain relief for patients who have undergone ambulatory and low risk surgery, applying skills learnt in their primary training to the perioperative and rural and regional context. They can manage patients where acute pain management is more complex, such as surgical patients who are at increased risk for progression to chronic pain. The trainee can also recognise when seeking advice or referral is warranted.

Expected knowledge, skills and attitudes

Perform preoperative assessment and develop a multimodal perioperative pain management plan, that considers relevant patient and surgical factors.

Assess, plan and manage perioperative analgesia for patients undergoing day case surgery.

Identify patient, surgical and psychosocial factors that may complicate perioperative pain management and factor these into perioperative pain management planning.

Recognise the particular needs of Aboriginal and Torres Strait Islander peoples in relation to acute pain management and ensure their needs are addressed in the perioperative setting.

Administer premedication and intraoperative multimodal analgesia, including local anaesthesia infiltration and blocks.

Work collaboratively with theatre and ward nursing staff to optimise acute pain assessment and management.

Prescribe and manage patient-controlled analgesia (PCA), including side effects and complications.

Assess and manage inadequately controlled acute pain and analgesia-related complications in the postoperative period.

Identify patients in the surgical or trauma setting with predictive factors for chronic postsurgical pain and ensure appropriate assessment, management and follow-up.

Educate patients and colleagues about long-term opioid use and advocate for patient and community safety in line with Choosing Wisely guidelines.

Workplace-based Assessment

Evidence, which demonstrates competence, must include the following workplace-based assessments as a minimum:

- Patient Consultation Observation - assessment of a patient with acute pain in the perioperative context
- Case based Discussion – development and implementation of a perioperative pain management plan with pre-existing chronic pain, opioid tolerance and/or addiction.

Trainee name _____

Evidence presented by trainee:

Date	WBA type	Case	Level

WBAs were completed by a variety of assessors. Yes No

Please select one of the following:

We confirm that the trainee is competent to provide effective perioperative pain relief for patients.

The trainee must continue to collect evidence to support completion. Please comment on WBAs or other evidence required prior to re-submission for review.

Supervisor name: _____

Signature _____ Date _____

Second Supervisor name _____

Signature _____ Date _____