

Meet the trainee committee

Sukhi Hegde

Hi everyone! I'm Sukhi one of your co-chairs for NSW & a co-chair of the ANZCA Trainee Committee. I'm looking forward to being an advocate for the issues facing you.

I'm part of the Prince of Wales/Sydney Children's hospital network and as part of my training I've worked in numerous metropolitan and rural hospitals in NSW as well as interstate. I'm passionate about improving conditions for Independent and rural trainees and helping address concerns such as job progression, access to education/formal college exam preparation and networking between hospitals. I believe that the training opportunities should be more cohesive and equitable regardless of whether you are in a regional or metropolitan centre.

I'm very passionate about sustainability and improving trainee welfare - particularly with relation to exam related issues and critical incidents encountered during training. I believe there's room to improve our support of trainees who have encountered professional and personal challenges during training and advocate for their wellbeing.

I would love to hear about the issues pertinent to you and work through concrete solutions to these.



Priya Maheshwari

Priya is a co-chair of the NSW Trainee Committee and a member of the ANZCA Trainee Committee. She has been a member of the NSW Trainee Committee since 2022. She is currently a provisional fellow in Sydney with a subspecialty interest in regional anaesthesia. She feels very privileged to be in a position to be able to advocate for trainee colleagues

Sarah Kong

I'm currently an AT at RPA and will be a PF at St George for the latter half of this year. Specific things I love about my job include teaching, mentoring, working towards more environmentally sustainable practices and tackling varied challenges while working with a new team each day. I'm excited to be a part of the committee in advocating for trainee wellbeing. My portfolios include the Part Zero Course and the Independent Trainee Network. Outside of work, I enjoy swimming, pilates and comedy gigs.





Kenjo Ho

I'm Kenjo, an Anaesthesia trainee at Westmead Hospital in Sydney. As a member of the trainee committee, I lead the NSW Part Zero course, introducing aspiring and provisional trainees to the ANZCA training pathway. My clinical passion lies in Regional and Paediatric Anaesthesia. I firmly advocate for the development of well-rounded anaesthetists, who not only possess exceptional medical expertise but also excel in communication, compassion, and mentorship. I am committed to tailoring our training programs to meet your individual needs, ensuring that the welfare of our trainees remains paramount in all our decision-making processes as we navigate the future together.

Dominic Horne

Dr Dominic Horne is an Advanced Trainee at St George Hospital, Sydney. Having grown up on a wheat and cattle farm near Wee Waa in northwest NSW, Dom returned to the bush for his formative JMO and critical care years at Tamworth and Wagga Wagga Hospitals after a previous career in Radiation Therapy. After attaining fellowship Dom hopes to gain exposure to retrieval medicine and practice in a rural referral centre. His outside interests include wake and snowboarding, waterskiing, rugby league and scuba diving.

Dom co-leads both the Workplace/Welfare and Rural Trainee Portfolio's with Sjrji & Tim. His areas of interest are alignment of NSW Trainee conditions to be comparative with other states as well as support and advocacy for rural training pathways to improve long term staff retention and rural health outcomes.



Anri Forrest

My name is Anri, and I am an AT2 based at Royal North Shore Hospital. During my training, I have been seconded to regional Northern NSW, the Northern Beaches Hospital and the Children's Hospital Westmead, all valuable and insightful experiences working in different LHDs across Sydney and NSW. Outside of medicine, I am passionate about spending time with my little family including our retired rescue greyhound, and on sunny days, swimming/ snorkelling and fishing around Sydney in our little tinny.

I'll be working on the communication portfolio in the ANZCA NSW Trainee Committee, and my aim is to improve two-way communication between the trainee committee, and what we are all up to with regards to our different portfolios. Please don't hesitate to get in touch!



Gabriella Charlton

Hello! I'm Gab, Concord AT, fresh committee member this year, and just wrapping up that sweet period between exams (went on a holiday, watched some tv, saw friends again, etc).

My portfolio on the Trainee Committee this year is 'Centralised Exam Teaching'; our aim this year is to improve access to anaesthetic teaching for all trainees (including those who are independent and rural-based).

We are working with hospitals to improve Part 1 and Part 2 teaching programs and have webinars on how to approach exams planned for later in the year – stay tuned!

We'd love your feedback on what has worked for you re exam study and whether you feel supported at your training sites, so please reach out.



Bahaven Jeyaratnam

I'm Bahaven, an AT2 in South Western Sydney Local Health District. I love teaching and creating a supportive culture for all in the workplace. In NSW we need to continue to support all trainees, in particular, independent, regional and rural trainees. Balancing the requirements of starting training in anaesthesia, whilst studying for the primary exam, as well as applying for scheme jobs is an exhausting ordeal and a problem I would like to address.

Sjorji Crowther

My name is Sjorji Crowther and I am the Deputy Chair of the ANZCA NSW Trainee Committee this year as well assist with the Welfare and Workplace and Part Zero Course portfolios. I am in my last 6 months of advanced training at Concord Hospital and as such have been seconded to many hospitals around NSW including Canterbury, Nepean, Campbelltown, Westmead Children's Hospital and RPA Hospital. In addition, I have experienced training whilst navigating periods of maternity leave and part time.

I have seen the difficulties undertaken from trainees at various sites, with various backgrounds and who have come to training through schemes as well as independent and rural pathways. As such I am passionate about advocating for all trainee needs whatever they may be.

When I am not at work or studying, I enjoy running around after my small children, entering baking challenges and various sporting activities such as paddle boarding, skiing and jogging (although I'm pretty rubbish at the latter).





Tim Ellwood

Hi, my name is Tim Ellwood and I am a second year BT at Wagga Wagga Base Hospital. I am also one of the first trainees on the new Southern NSW Regional Training Scheme. I currently sit on portfolios for Centralised Teaching and another for Rural & Regional Trainees. I am also helping in the development of an online exam preparation program, which aims to assist trainees in their preparation for the primary exam. My overall aim is to improve the experience of independent trainees at all sites, particularly regional hospitals, to help improve the first extremely challenging few years of a competitive training program.

Sarah Ritchie

Sarah is an AT1 at Westmead having previously been an independent trainee in Wagga Wagga and Nepean Hospitals. She is the Environmental Sustainability lead for the trainee committee in 2024.



Boris Waldman

Boris is a fellow at St George hospital, where he was also a registrar. He is passionate about medical education and research hopes to make it easier for all trainees to get involved with both.