

## EPA 1 Review – Assess patients presenting for elective surgery and develop a management plan.

### Description

The trainee can assess and optimise patients for elective surgery. They can complete a thorough preoperative assessment and identify patient factors, surgical factors, and facility factors that influence whether providing anaesthesia for surgery is in the best interests of the patient. The trainee can determine the ASA status of patients and is able to develop an appropriate anaesthetic plan for patients' surgery.

### Expected knowledge, skills and attitudes

Take a targeted history and perform a focused examination to identify features that will affect perioperative anaesthetic planning and management

Perform and document an airway assessment to determine if a patient has identifiable risk factors for difficulty in airway management

During the pre-operative assessment:

- Determine ASA status of patients
- Identify when patient, surgical or facility factors make it inappropriate for surgical care to be provided locally
- Identify patients who require optimisation for surgery and arrange or refer appropriately
- Explain anaesthesia to patients in a way in which they understand
- Elicit patients' knowledge and experience of anaesthesia and correct unrealistic expectations and misconceptions
- Recommend lifestyle modification and disease prevention strategies to assist patients to optimise health and reduce perioperative risk.

Adapt communication in the perioperative context to meet the needs of patient groups.

Interpret common perioperative investigations and identify when abnormalities will affect perioperative management

Present pertinent findings from a preoperative assessment to assist with clinical decision making regarding patients

Develop a draft anaesthesia and perioperative pain management plan for low risk patients and modify as required after input from a senior colleague.

Seek guidance and/or assistance when required during the assessment and planning stages of providing anaesthesia to patients.

### Workplace-based Assessment

Evidence, which demonstrates competence, must include the following workplace-based assessments as a minimum:

- Patient Consultation Observation – preoperative assessment ASA1 or 2 patients
- Case base Discussion – anaesthesia management plan for patients with comorbidities who require low risk elective surgery

Trainee name \_\_\_\_\_

Evidence presented by trainee:

Date	WBA type	Case	Level

WBAs were completed by a variety of assessors. Yes  No

Please select one of the following:

**We confirm that the trainee is competent to assess patients presenting for elective surgery and develop a management plan.**

The trainee must continue to collect evidence to support completion. Please comment on WBAs or other evidence required prior to re-submission for review.

Supervisor name: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Second Supervisor name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_