



## CPD handbook - Appendix 28

### Cultural safety activity guidance

#### 1. Context

The updated [ANZCA and FPM Continuing Professional Development \(CPD\) Program](#) requirements include an annual cultural safety activity. Hours spent completing this activity are claimable under *practice evaluation – reviewing performance*.

The Practice evaluation - Cultural safety activity has been an element of CPD program for many years, with recent details shared in the [Spring 2022 ANZCA Bulletin](#).

Cultural safety activities allow you to explore culturally different expectations for clinical communication/behaviour and to develop strategies for responding effectively when expectations differ between colleagues, patients, and their family members/carers.

Being able to identify these diverse cultural perspectives promotes understanding of medical beliefs and behaviours that relate to your own and others' cultures, and where necessary, to guide others in adapting to the Australian or New Zealand context.

Cultural safety is an important inclusion in the CPD requirements first and foremost to support your provision of safe and high-quality care to all patients. Regulatory bodies in Australia and New Zealand are also placing an increased emphasis on cultural safety and health equity.

The [Medical Council of New Zealand](#) requires CPD program providers to *“embed cultural safety and a focus on health equity within and across all of the three CPD categories and all other core elements of the program.”*

As a binational CPD program provider, we are working to embed cultural safety across the CPD program for participants in Australia and New Zealand. This work is taking place across 2023, meaning the annual cultural safety activity (and the example resources in section 2) may evolve depending on the outcomes.

## 2. Example cultural safety activities

The below table includes example resources for the cultural safety activity.

ANZCA does not exclusively endorse any one resource for the cultural safety activity. Please note, **the activities are suggestions only and are not endorsed by ANZCA and FPM.**

The list does not cover all available activities and we encourage you to explore activities appropriate to your scope of practice and context.

Firstly	Approach local Aboriginal, Torres Strait Islander, Māori community to identify courses and learning opportunities available in your area.	
	Seek Aboriginal, Torres Strait Islander, Māori led cultural safety training.	
Type	Organisation	Activity
External online courses	Australian Institute of Aboriginal and Torres Strait Islander Studies	<a href="#">Core cultural learning</a> (Please note this training is appropriate for groups of 10 or more)
	Centre for Cultural Competence	<a href="#">Cultural Competence courses</a>
	MauriORA	<a href="#">Cultural Competency (Māori)</a>
		<a href="#">Te Tiriti o Waitangi and The Treaty of Waitangi and Healthcare</a>
	Leaders in Indigenous Medical Education (LIME)	<a href="#">Slice of LIME seminars</a>
Online resources via ANZCA	Learn@ANZCA	<a href="#">Cultural safety: First Australians (1)</a> <a href="#">Cultural safety: First Australians (2)</a>
	Geoffrey Kaye Museum	<a href="#">Djeembana Whakaora – First Nations Medicine, Health and Healing</a>
	ANZCA New Zealand National Committee	<a href="#">Cultural Safety and Leadership Hui</a> Password: NZHUI2021
	ANZCA Library	<a href="#">Indigenous Health Library Guide</a>
Other	Cultural safety training (online or in person) offered by your employer.	

### 3. How can I claim cultural safety in my CPD portfolio?

Participation in a cultural safety activity can be recorded as an annual CPD activity under the *practice evaluation - reviewing performance* category.

Once completed a 'tick' will appear next to 'Cultural safety' on your dashboard and hours will be added to your *practice evaluation - reviewing performance* dial.

Image 1: 2023 CPD portfolio dashboard – Cultural safety activity

The screenshot shows the ANZCA FPM dashboard for Continuing Professional Development (CPD). The header includes the ANZCA FPM logo and the title 'Continuing professional development'. A navigation menu contains 'Dashboard', 'Activities', 'CPD Plan', 'Evaluation', 'Statements and certificates', and 'Support'. A 'Help' icon is also present.

The main content area is titled 'Dashboard' and features an 'Add activity' button. Below this, a notification states 'You have 1 activities pending confirmation' with a 'View pending activities' button.

The 'Annual progress' section shows the period from 01/01/2023 to 31/12/2023, with a final submission date of 31/12/2023. A progress bar indicates 0 hours completed out of a required 50 hours.

The dashboard is divided into several key sections:

- Practice evaluation:** Shows 25 hours remaining and 1 activity remaining. A circular progress indicator shows 0/25. Activities listed include Clinical audit, MeF, Patient survey, and Peer review. A 'Cultural Safety' activity is highlighted with a yellow dot and a '5 HOURS REMAINING' label. A 'MEASURING OUTCOMES' section shows 0/5 hours remaining.
- Knowledge and skills:** Shows 12.5 hours remaining and a circular progress indicator at 0/12.5.
- Emergency responses:** Shows 1 activity remaining. Activities listed include Anaphylaxis, ASBD, Cardiac arrest, Cardiac arrest SPMP, CICO, and CNS-OT.
- Milestones:** Lists tasks such as 'Statement of participation 2023', 'Write Plan', 'Write Evaluation', and 'Certificate of compliance'. A legend indicates 'Completed' (checked) and 'Yet to be completed' (unchecked).
- Your CPD Status:** Shows 'Membership ANZCA Fellow' and 'Practice Type Clinical'.
- Resources:** Lists links for 'COVID-19 and CPD information', 'ANZCA Library COVID-19 resources', 'Seeking your CPD Feedback', and 'CPD handbook'.

**Please note, the minimum five hours of reviewing performance can be made up of a variety of CPD activities. The annual cultural safety has no set hour allocation.**

To claim the activity in your online CPD portfolio, please click the purple button 'Add CPD activity' and select the 'Cultural Safety' activity.

Image 2: 2023 CPD portfolio activity list – Cultural safety

Once you have selected the ‘Cultural Safety’ activity, record the start and end date, and total hours in the boxes required, then click ‘save’. The activity will not be completed unless these are recorded.

Image 3: 2023 CPD portfolio – Cultural safety activity