



CPD activity guide

AUSTRALIAN AND NEW ZEALAND COLLEGE OF ANAESTHETISTS & FACULTY OF PAIN MEDICINE

| Category 1 Practice evaluation | Category 2 Knowledge & skills | Category 3 Emergency response |
|--|---|---|
| Reviewing performance | Education development | Acute severe behavioural disturbance |
| CPD plan & evaluation | Education/research committee work | Anaphylaxis |
| Cultural safety | Examining, including marking and writing questions | Can't intubate, can't oxygenate |
| Multi-source feedback (MsF) | Formal courses | Cardiac arrest |
| Patient experience survey | Global development | Cardiac arrest – specialist pain medicine physicians |
| Peer review | Hospital or practice attachments | Central nervous system oxygen toxicity |
| Annual structured conversation/ performance appraisal | Journal reading | COVID-19 airway management |
| Accreditation inspection/review | Leadership and management skills | Major haemorrhage |
| Case conference | Learning sessions | Malignant hyperthermia |
| Critical reflection | Presenting | Opioid-induced ventilatory impairment |
| Examiner – ANZCA primary and final exams/FPM fellowship | Publication | |
| Medico-legal reports | Research | |
| Mentoring | Review of ANZCA/FPM fellows | |
| Peer review of educational practice | Reviewer, grant applications | |
| Peer support groups | Reviewer/editor of journal | |
| SIMG PA assessor | Short format learning | |
| Team scenario | Teaching | _ |
| Measuring outcomes | Trainee assessment - reviews | |
| Clinical audit | WBA of trainees | _ |
| Analysing healthcare outcomes | Wellbeing education sessions | Key |
| Clinical governance | | |
| Clinical governance/quality assurance committee work | Mandatory annual activities | |
| Incident reporting | All fellows and other CPD participa | nts: |
| M&M meetings | | inning of the year and a CPD evaluation at the |
| Practice audit | end of the year. Complete 1 cultural safety activ | ity annually |
| Quality improvement project | Mandatory practice evaluatio | |
| Report of audit findings | Clinical practice: | |
| Review patient pathways | | ulti-source feedback, Peer review, Patient |
| Root cause analysis (RCA) | experience survey, Clinical aud | it) each year |
| | Practice without direct patient care Not required | |
| | Mandatory emergency respo | |
| | Clinical practice: | |
| | Complete 1 emergency response | se activity each year |
| | Practice without direct patient care | |
| | Not required | |
| | Appual atrustured | fellow/CPD participant: |
| | Complete | an annual structured conversation with a peer, , or employer each year. |
| | | · · · |

CATEGORY 1 | Practice evaluation

| Practice type | Minimum annual hours | Mandatory annual activities |
|---|--|--|
| Clinical practice | 25 hours across practice evaluation, with minimum 5 hours reviewing performance and minimum 5 hours measuring outcomes | 1 cultural safety activity, with hours allocated under Category 1 Practice evaluation reviewing performance. 1 of the 4 mandatory practice evaluation with hours allocated under Category 1 – Practice evaluation reviewing performance/ measuring outcomes. |
| Practice without direct patient care | 25 hours across practice evaluation, with minimum 5 hours reviewing performance and minimum 5 hours measuring outcomes | 1 cultural safety, with hours allocated under Category 1 – Practice evaluation reviewing performance. |

Reviewing performance

| Activity | CPD plan and eva | aluation | Activity | Cultural safety | |
|-------------------------|---|--|-------------------------|---|---|
| Description | Complete your CPD plan at the beginning of your annual cycle to ensure your CPD activities are meaningful and relevant to your needs. | | Description | | ral safety activity with erstand cultural safety or your practice. |
| Description | Complete your CPE end of your annual of whether your learning | D evaluation at the cycle to assess | Further information | | or virtual. At least one pleted each year, but time requirement. |
| Further information | Your annual stateme will be available ond CPD plan. | ent of participation ce you complete your | Guidelines and forms | Cultural safety activit | ty guidance |
| Guidelines and forms | <u>CPD plan</u> <u>CPD evaluation</u> | <u>1</u> | | Certificate of att participation/co | |
| Evidence required | Completed portfolio section, automatically reflected on your dashboard. | | Evidence required | Written confirmation of course registration OR Screen shot of online resource. | |
| Activity | Multi-source feedback (MsF) | | Activity | Patient experience | e survey |
| Description | Obtain feedback on your performance from a minimum of six colleagues/ co-workers with whom you regularly work. A trusted colleague collates the feedback and discusses it with you to identify your strengths and areas to work on. | | Description | | ents/parents (a cross practice) and reflect |
| Further information | You can use a specialty-specific college tool (linked below) to complete this activity. If you use a different tool, it must be relevant to the ANZCA and FPM roles in practice. | | Further information | You can use a specia tool (linked below) fo use a different tool, it experiences relevant practice. | or this activity. If you t must measure patient |
| Guidelines and forms | Guidelines Anaesthesia Clinical support DHM PM PPM | Forms_ Anaesthesia Clinical support DHM_ PM PPM | Guidelines and forms | <u>Guidelines</u> <u>Anaesthesia</u> <u>Anaes (paeds)</u> <u>DHM</u> <u>PM</u> <u>PPM</u> | <u>Forms</u> <u>Anaesthesia</u> <u>Anaes (paeds)</u> <u>DHM</u> <u>PM</u> <u>PPM</u> |
| Evidence required | Completed <u>MsF confidentiality and</u> <u>CPD verification form</u> Copy of blank survey form (if different tool used). | | Evidence required | <u>confidentiality an</u> form | ent experience survey nd CPD verification urvey form (if different |

| Activity | Peer review of practice | |
|-------------------------|--|--|
| Description | A trusted colleague observes your practice, records their observations, and leads a feedback discussion regarding approaches to practice. | |
| Further information | You can use a specialty-specific college tool (linked below) for this activity. If you use a different tool, it must be developed for peer review of a specialist and relevant to your scope of practice. Both participants can claim CPD hours for this activity. | |
| Guidelines and forms | GuidelinesFormsAnaesthesiaAnaesthesiaDHMDHMPMPMPPMPPM | |
| Evidence required | Completed <u>peer review of practice</u> <u>agreement and CPD verification form</u> Copy of blank peer review form used (if different tool used). | |

| Activity | Annual structured conversation/ performance appraisal | |
|-------------------------|--|--|
| Description | Formal structured meeting with your head of department/practice, manager, or a trusted colleague to review your professional activities, development needs, learning goals and plans for the following year. | |
| Further information | Mandatory requirement for those with medical registration in New Zealand. The appraiser can claim time spent on this activity under <i>Review of ANZCA/FPM</i> <i>fellow.</i> | |
| Guidelines and forms | Annual structured conversation guide Annual structured conversation template | |
| Evidence required | Completed <u>Annual structured</u> <u>conversation CPD verification form</u> OR Confirmation from appraiser. | |

| Activity | Accreditation inspection/review | |
|------------------------|---|--|
| Description | Appointment to an ANZCA accreditation team, FPM review panel or as an inspector/ visitor for another accrediting body, to undertake an accreditation inspection/ review. | |
| Further information | Note that accreditation decision-making committee work is recorded under <i>Clinical governance/quality assurance committee work.</i> | |
| Examples | ANZCA accreditation inspection FPM accreditation review ACHS and other health service accreditation visits Australian Medical Council and Medical Council of New Zealand accreditation visits. | |
| Evidence required | Letter of invitation/thanks OR Confirmation of meeting schedule OR First page of report which includes date(s) and team member names. | |

| Activity | Case conference Case discussion/conferencing |
|-------------------------|---|
| Description | Case presentation and discussion involving at least three participants (may be multidisciplinary) to review and determine best management options. |
| Further information | May be face-to-face or virtual. Each participant must contribute a case and actively participate in the discussion. |
| Guidelines and forms | Case discussion/conferencing guideline |
| Evidence required | Log of discussion time and colleagues present. |

| Activity | Critical reflection | |
|------------------------|---|--|
| Description | Use a series of questions to review: your practice (Practice reflection) or your current health and wellbeing (Own health and wellbeing reflection) to develop an Action plan or Personal Wellbeing plan. | |
| Further information | Choose a relevant topic for reflection. Examples include: A work event such as a near miss or conflict situation A workshop or other learning experience An aspect of your work role such as a career transition Your own health and wellbeing. Several wellbeing reflection models, including two developed by and for Māori, are in the <u>guideline</u>. | |
| Guidelines and forms | <u>Critical reflection guideline</u> <u>Practice reflection template</u> | |
| Evidence required | Completed critical reflection CPD verification form. | |

| Activity | Examiner for the ANZCA anaesthesia primary and final and FPM fellowship exams |
|------------------------|---|
| Description | Group viva discussion and examiner assessor activities during the primary examination viva voce and the final fellowship examination of ANZCA trainees, including medical, clinical and anaesthesia vivas. |
| | Participation as an examiner in the process of group viva and observed structured clinical examination (OSCE) discussion and assessor activities during the FPM fellowship exam. |
| Further information | Requires appointment as an ANZCA or FPM examiner. |
| Evidence required | Written correspondence confirming participation (e.g., examining roster, invitation to a specific exam). |

| Activity | Medico-legal reports Medico-legal reports/ expert witness |
|------------------------|--|
| Description | Time spent preparing medico-legal reports and/or acting as an expert witness. |
| Further information | Requests for medico-legal reports originate from a variety of sources e.g., police, lawyers, government tribunals, insurance companies or patients. |
| Evidence required | Letter of invitation to provide a report or to act as an expert witness. |

| Activity | Mentoring |
|----------------------|--|
| Description | A series of meetings between two colleagues (mentor and mentee) working collaboratively towards achieving mutually defined goals to develop or strengthen the mentee's professional skills, abilities, knowledge and thinking. |
| Further | Skills may be clinical and/or clinical support related, and sessions may be face-to-face or virtual. |
| information | Although mentor and mentee may not both be CPD participants, where they are each can claim this activity towards CPD. |
| Guidelines and forms | Mentoring guideline |
| Evidence required | Completed <u>mentoring CPD verification</u> form |

| Review your educational performance with a trusted colleague (involved in similar educational practice) through observation and constructive feedback.A group of three or more self-selected peers meet regularly to discuss and reflect upon professional matters related to their practice in a supportive setting.Further informationUse the structured form based on the ANZCA educator competency framework to complete this activity. If you use a different tool, it must be relevant to your scope of practice.DescriptionA group of three or more self-selected peers meet regularly to discuss and reflect upon professional matters related to their practice in a supportive setting.ExamplesExamples of activities that could be reviewed include facilitating a tutorial, developing a course, presenting, providing constructive feedback to a trainee or student, assessing a trainee/student. The guideline.Further informationGuidelines and formsPeer review of educational practice. guideline.Peer review of educational practice. observation formGuidelines and forms.Peer support groups guidelineEvidence requiredCompleted Peer review of educational practice agreement and CPD verification. form.Completed Peer support groups CPD | Activity | Peer review of educational practice | A . If 11 | D |
|--|----------------------|---|-------------------|---|
| Further informationUse the structured form based on the ANZCA educator competency framework to complete this activity. If you use a different tool, it must be relevant to your scope of practice.Descriptionpeers meet regularly to discuss and reflect upon professional matters related to their practice in a supportive setting.ExamplesExamples of activities that could be reviewed include facilitating a tutorial, developing a course, presenting, providing constructive feedback to a trainee or student, assessing a trainee/student. The guideline. Peer review of educational practice.Further informationPeer support groups may address direct patient care issues or clinical support roles (e.g., complaints, own health and wellbeing, career transitions, ethics, leadership, professionalism).Guidelines and formsPeer review of educational practice. observation formGuidelines and form.Peer support groups guidelineEvidence requiredCompleted Peer review of educational practice agreement and CPD verification. form.Evidence requiredCompleted Peer support groups CPD. | Description | a trusted colleague (involved in similar educational practice) through observation | Activity | A group of three or more self-selected |
| this activity.ExamplesExamples of activities that could be reviewed include facilitating a tutorial, developing a course, presenting, providing constructive feedback to a trainee or | | ANZCA educator competency framework to complete this activity. If you use a different tool, it must be relevant to your scope of | Description | peers meet regularly to discuss and reflect upon professional matters related to their practice in a supportive |
| ExamplesExamples of activities that could be reviewed include facilitating a tutorial, developing a course, presenting, providing constructive feedback to a trainee or student, assessing a trainee/student. The guideline has other examples.Further informationdirect patient care issues or clinical support roles (e.g., complaints, own health and wellbeing, career transitions, ethics, leadership, professionalism).Guidelines and formsPeer review of educational practice guideline. Peer review of educational practice | | | | |
| Guidelines and forms guideline. Peer review of educational practice observation form Guidelines and forms Evidence required Completed Peer review of educational practice agreement and CPD verification form. | Examples | reviewed include facilitating a tutorial, developing a course, presenting, providing constructive feedback to a trainee or student, assessing a trainee/student. The | | direct patient care issues or clinical support roles (e.g., complaints, own health and wellbeing, career transitions, |
| Evidence form. Evidence required Completed Peer support groups CPD | | guideline. Peer review of educational practice | | Peer support groups guideline |
| Copy of blank observation form (if different tool used). verification form | Evidence required | practice agreement and CPD verification form. Copy of blank observation form (if different | Evidence required | Completed <u>Peer support groups CPD</u> verification form |

| Activity | SIMG Performance Assessment assessor |
|------------------------|---|
| Description | Time spent as an assessor conducting a Performance Assessment (PA) of a Specialist International Medical Graduate (SIMG) for their suitability to practice in Australia or New Zealand. |
| Further information | Requires appointment as a SIMG PA Assessor. See <u>Handbook for specialist</u> international medical graduates. |
| Evidence required | Letter of request or correspondence confirming participation in a SIMG PA. |

| Activity | Team scenario Team training scenario within own work environment, with usual work team | |
|-------------------|---|--|
| Description | Training scenario with usual team including education, practice, and feedback on team performance, often in a simulated environment to facilitate practice improvement. | |
| Examples | Examples of situations suitable for a team scenario include orientation to a new procedure or a revised algorithm, or team practice of a safety protocol. | |
| Evidence required | Short summary of scenario and names of team members OR Document confirming participation. | |

Measuring outcomes

| Activity | Clinical audit Clinical audit of own practice or significant input into a group audit of practice | |
|------------------------|--|--|
| Description | The objective is collecting data on practice, reflecting on the results and considering practice changes if areas for improvement are identified. | |
| Further information | Can involve one CPD participant or a group of practitioners in one or more disciplines (e.g., an anaesthetist and surgeon could jointly audit their patient outcomes). | |
| Guidelines and forms | Clinical audit guideline Clinical audit templates | |
| Evidence required | Completed <u>Clinical audit CPD</u> verification form | |

| Activity | Analysing healthcare outcomes |
|-------------------------|--|
| Description | A group of at least three colleagues analyse and critically reflect on published reports of outcome data and evidence-based care, including discussion of the implications for participants' practice. |
| Further information | May occur face-to-face or virtually. May be a one-off event or a short series of meetings. |
| Guidelines and forms | Analysing healthcare outcomes guideline |
| Evidence required | Completed <u>Analysing healthcare outcomes</u> CPD verification form. |

| Activity | Clinical governance | Activity | Clinical governance/quality assurance committee work |
|---|--|------------------------|---|
| Description | Active contribution of time to an institutional professional governance or an international society or organisation (either healthcare institutions or professional bodies) relevant to scope of practice. | | Participation in committee work relevant to your scope of practice which contributes to broader safety and quality of patient care by: reviewing clinical care outcomes or activities which support clinical care outcomes reviewing quidelines standards |
| Further information | It can be a series of meetings and/or work completed, either virtually or face- to-face, with the objective of supporting the governance decisions relating to the healthcare institution or professional body. | | reviewing guidelines, standards, performance data, incident data or monitors implementation of recommendations/actions taken to support relevant safety and quality outcomes. |
| Examples | See guideline. | Further information | Committee work which does not meet the above description can be claimed under <i>Knowledge and skills – Education/ research</i> <i>committee work.</i> |
| Guidelines and forms | Clinical governance guideline | | Safety and quality committee |
| verification form OR | Completed <u>Clinical governance CPD</u> <u>verification form</u> OR Attendance record (meeting minutes) | | Regional/national mortality committee Medication and blood safety committees Clinical governance committees. |
| and/or written confirmation of involvement from the organisation. | | Evidence required | Agenda or first page of meeting minutes. |

| Activity | Incident reporting | Activity | Morbidity/ mortality meetings |
|------------------------|---|------------------------|---|
| Description | Reporting on adverse events and near misses allows reflection and learning to improve the quality and safety of care. Reporting promotes consideration of why the incident occurred and any future actions (including systems changes) to prevent similar future events. | Description | Interactive discussion with a group of clinicians with those involved in individual cases present. Includes review of management to understand factors (including those related to systems) contributing to mortality or morbidity. |
| Further information | May be undertaken via department, unit, or group, but significant contribution to the report is required to claim CPD hours for this activity. May be reported via web-based system or in hard copy, binationally (e.g., <u>WebAIRS</u>), nationally, regionally, or locally (e.g., department, unit, group practice). | Further information | These meetings may be organised by a department, private practice group, group of colleagues with similar scopes of practice, or run as part of a conference program. Presentations must conform to relevan regulations on discussing patient detai (which may require de-identification). |
| Examples | Critical incident reports Anaesthesia-related mortality reports. | | |
| Evidence required | Confirmation of report, statement from department, unit, or group OR Record of reporting system entry. | Evidence required | Attendance sheet OR Diary entry OR Confirmation of attendance from department, group, or practice. |

| Activity | Practice audit (clinical support) | |
|------------------------|---|--|
| Description | Collecting data on practice in areas that don't involve direct patient care, reflecting on the results and considering practice changes if areas for improvement are identified. | |
| Further information | Relevant to those with clinical support roles or those who practice without direct patient care. May involve one CPD participant or a group in single or multiple disciplines. May focus on individual, team, departmental, group, hospital or health service outcomes. | |
| Guidelines and forms | Practice audit (clinical support) guideline | |
| Evidence required | Completed <u>practice audit CPD</u> verification form | |

| Activity | Quality improvement project |
|------------------------|---|
| Description | Quality Improvement (QI) projects are focused on work that drives continuous improvement to achieve increasingly better patient experience and outcomes. |
| Further information | Ol may be undertaken as an individual or as a group project (often multidisciplinary), and increasingly includes consumer engagement in co- designed care initiatives. The project can be clinical or non-clinical (clinical support), provided that the focus is on measurable improvement. |
| Examples | See guideline. |
| Guidelines and forms | Quality improvement project guideline |
| Evidence required | Completed <u>Quality improvement project</u> <u>CPD verification form</u> |

| Activity | Report of audit findings |
|------------------------|---|
| Description | Written report or presentation of audit results including key findings and their implications for your practice. |
| Further information | This activity can be completed for either clinical audit or practice audit (clinical support). Presentation may be local (colleague, department, group), regional, national, binational, or international. |
| Evidence required | Short summary of aim, methods, findings, comparison to benchmark, limitations and implications for your practice. Front page of report or correspondence confirming presentation. |

| Activity | Review patient pathways <i>Review of patient care pathways</i> |
|------------------------|---|
| Description | Active participation in projects to review and redesign (including co-design) patient care pathways. |
| Further information | Includes literature review, pathway mapping, deconstruction, and reconstruction, using co-design principles which centre the patient experience. |
| Evidence required | First page of meeting agendas/ minutes or other records of meeting attendance OR Record of time spent on other relevant contributions. |

| Activity | Root cause analysis (RCA) | |
|------------------------|---|--|
| Description | Structured method of analysing serious adverse events to identify active and latent errors. | |
| Further information | May be organised by department, unit, group, practice, or hospital. | |
| Evidence required | Correspondence confirming participation OR Short summary of RCA outcome. | |

CATEGORY 2 | Knowledge and skills

| Practice type | Minimum annual hours |
|--------------------------------------|----------------------|
| Clinical practice | 12.5 hours |
| Practice without direct patient care | 12.5 hours |

| Activity | Education development |
|------------------------|--|
| Description | Contribution to development of educational resources relevant to your scope of practice and used by others. This includes using emerging teaching and learning technologies. |
| Examples | Development of: Curricula e-Learning tools Workshops and simulation session content Educational tools and rubrics Educational strategies, policies, and guidelines. |
| Further information | Does not include the preparation and delivery of education sessions which is claimed under <i>teaching</i> and does not include participation in such sessions. |
| Evidence required | Confirmation of appointment/ participation OR Copy of resources developed. |

| Activity | Education/research committee work |
|------------------------|--|
| Description | Participation in committee work related to professional practice in anaesthesia, perioperative medicine, diving and hyperbaric medicine, rural generalist anaesthesia and related specialties that does not meet the criteria for <i>clinical governance/quality assurance</i> <i>committee work.</i> |
| Examples | ANZCA and FPM committees and project/working groups Committees of hospitals, medical practices, universities, medical board/council, research foundation, or medical defence organisation. |
| Further information | See also <i>clinical governance/quality</i> assurance committee work under practice evaluation. |
| Evidence required | Agenda ORFirst page of meeting minutes. |

| Activity | Examining Examining, including writing and marking questions |
|------------------------|--|
| Description | Participation as an examiner in written examinations and preparing questions for college trainees or medical students. |
| Examples | ANZCA primary or final written examination marking and question writing FPM fellowship examination, external long case assessment and written exam Medical student written examinations and question writing |
| Further information | Time spent as an examiner on viva and OSCE examinations is claimed under <i>examining – viva/OSCE</i> . |
| Evidence required | Written invitation or roster. |

| Activity | Formal courses Courses towards a formal qualification |
|------------------------|--|
| Description | A structured course or higher education program provided by a recognised tertiary institution, such as a university, that is directly relevant to medical practice (any one of the <u>ANZCA/FPM</u> <u>roles in practice</u>). Completion of the course/program leads to the award of a formal qualification such as a certificate, diploma or masters. |
| Examples | Masters in medical education Masters in pain management Graduate certificate in clinical trials research Graduate diploma in medical ultrasound. |
| Further information | Completed subjects may count towards CPD without the qualification being awarded. |
| Evidence required | Certificate of enrolment, start and end dates. Formal award upon completion. |

| Activity | Global development | Activity | Hospital or practice attachments |
|------------------------|---|------------------------|--|
| Description | The broadening of your knowledge and skills via contribution to work and teaching in low- and middle-income countries. | Description | An attachment at a different hospital/ practice from your own to broaden your knowledge and skills in a particular practice area. |
| Examples | Essential Pain Management Program delivery Anaesthesia global development work. | Examples | Week-long attachment to a specialist paediatric hospital to enhance care of paediatric patients. Month-long attachment to an overseas pain management department. |
| Further information | See <u>Global health</u> on the college website for training and service opportunities. | Further information | The college is unable to assist with arranging such attachments which must be arranged directly with the head of department/practice. |
| Evidence required | Correspondence confirming participation. | Evidence required | Written confirmation from head of department/practice where attachment was completed. |
| | | | |
| Activity | Journal reading | Activity | Leadership and management skills development |

| | - |
|------------------------|---|
| Description | Reading of peer-reviewed journals relevant to your scope of practice. |
| Examples | Individual readingJournal club. |
| Further information | The <u>ANZCA Library</u> has numerous resources including Library Guides and journal access to support this activity. |
| Evidence required | Copy of first page of each article OR Reference list of read articles OR Journal club schedule. |

| Activity | Leadership and management skills development | |
|-------------------|--|--|
| Description | Attending sessions, either in person or online, and accessing resources (including webinars, podcasts, and other on-demand content) focused on developing and enhancing leadership and management, relevant to the ANZCA/FPM role in practice – Leader and Manager. | |
| Examples | Education and training sessions on governance, leadership skills, finance, use of information communication technology, communication, management, accreditation, quality assurance and improvement. | |
| Evidence required | Certificate of attendance, participation and/or completion. If certificates are unavailable (for example, for online courses), screenshot of course progress. | |

| Activity | Learning sessions Attendance at lectures, presentations or online learning |
|------------------------|--|
| Description | Participation in face-to-face or virtual learning sessions relevant to your scope of practice at scientific meetings, educational conferences or via online learning run by the college/faculty, a special interest group (SIG), another professional medical organisation, healthcare institution, or research/ educational body. |
| Examples | ANZCA Annual Scientific Meeting FPM Spring Meeting SIG meetings Podcasts Webinars. |
| Further information | Hours for college events will be automatically uploaded to your CPD portfolio. You will need to confirm the activity for the hours to be added to your annual total. |
| Evidence required | Certificate of attendance/ participation/completion OR Official conference list of attendees OR Written confirmation of registration OR Screen shot of online resources. |

| Activity | Presenting Presenting at local/regional/ national/ international conferences/ meetings |
|------------------------|--|
| Description | Presenting face-to-face or virtually on a topic relevant to your practice at a conference/other meeting organised by the college, a professional medical organisation, healthcare institution, or educational body. |
| Examples | Plenary speaker Invited lecturer Paper/poster presentation Facilitating a problem-based learning/ small group discussion session. |
| Further information | Tutorial presentations for trainees or students are claimed under <i>Teaching</i> . |
| Evidence required | Program OR Published abstract OR Written invitation from organising committee. |

| Activity | Publications Publication of a manuscript in a peer reviewed journal or book chapter |
|------------------------|---|
| Description | Time spent contributing to a publication of scientific or educational content in a peer-reviewed journal, or a book chapter in a recognised publication relevant to your scope of practice. |
| Examples | Publications in: Peer reviewed anaesthesia, pain medicine, education literature ANZCA Australasian Anaesthesia Acute Pain Medicine: Scientific Evidence chapter. |
| Further information | Journal editing and review is claimed under <i>Reviewer/editor of journal</i> . |
| Evidence required | Electronic citation OR Reprint of article OR Letter of acceptance from the journal or book editor. |

| Activity | Research Research, including grant proposals and trials |
|------------------------|---|
| Description | Enhancement of research expertise by leading or contributing to research. |
| Examples | Principal or associate investigator of a research grant application. Recruitment of patients to approved multicentre research. Contribution to components of research including grant proposals, recruitment. |
| Further information | This activity does not include time spent on the publication stage which is claimed under <i>Publications</i> . <u>The ANZCA Clinical Trial Network</u> welcomes CPD participant involvement in recruiting to multi-centre trials. |
| Evidence required | Written confirmation of submission or involvement from research organisation, grant body, or institutional ethics committee. |

| Activity | Review of ANZCA/FPM fellows |
|------------------------|--|
| Description | Reviewing and providing feedback to a specialist colleague, either within the CPD program or in another context. |
| Examples | Providing feedback to a colleague on their: Multi-source feedback Patient experience survey Annual structured conversation/ performance appraisal. |
| Further information | Formal review of trainees (like core unit reviews and in-training assessments) are claimed under <i>Trainee assessment</i> – <i>review</i> and workplace based assessment and workplace based progressive feedback are claimed under <i>WBA of trainees.</i> |
| Evidence required | Name of the fellow or other specialist for whom you conducted the review. |

| Activity | Reviewer/editor of journal Reviewer or editor for a peer-reviewed journal |
|------------------------|---|
| Description | Formal review of a manuscript submitted for publication in a peer-reviewed journal/other publication relevant to your scope of practice. |
| Examples | Review of a manuscript by an Editor Deputy editor Reviewer. |
| Further information | Editorial board work is claimed under Education/research committee work. |
| Evidence required | Written request to review manuscript. |

| Activity | Reviewer, grant applications Reviewer of grant applications or participation on ethics committee |
|----------------------|--|
| Description | Formal reviews of research grant applications for a granting body or chair/member of an institutional ethics committee. |
| Examples | ANZCA research grants. |
| Further information | Journal editing and review is claimed under <i>Reviewer/editor of journal.</i> |
| Evidence required | Written request of involvement from research organisation, granting body, or institutional ethics committee. |

| Activity | Short format learning Short course, workshops, problem- based learning discussions and small group discussions |
|------------------------|---|
| Description | Participate in face-to-face or virtual small group learning which may include teaching or learning a new skill, and which has an interactive and/or hands on component. |
| Examples | ANZCA Educators Program Regional Anaesthesia skills course Scientific meeting workshops and problem-based learning discussion sessions. |
| Further information | Facilitating small group learning is credited under either <i>Teaching</i> (of trainees/students) or <i>Presenting</i> (at meetings/conferences). Hours for college events will be automatically uploaded to your CPD portfolio. You need to confirm the activity for the hours to be added to your annual total. |
| Evidence required | Certificate of attendance and/or completion. |

| Activity | Teaching Teaching including preparing and presenting tutorials |
|------------------------|---|
| Description | Preparation and delivery of face-to- face or virtual tutorials to colleagues, ANZCA or FPM trainees, trainees of other vocational colleges, prevocational doctors, or medical students. |
| Examples | Clinical practice tutorial Preparation for specialist practice tutorial Examination long course tutorial Exam short course tutorial Practice vivas/written questions. |
| Further information | Informal teaching, such as in theatre or pain clinic teaching and trainee supervision, is excluded from this activity. |
| Evidence required | Teaching timetable/program OR Written invitation/confirmation, including duration of activity, from university or other institution or session/course organiser. |

| Activity | Trainee assessment reviews Other assessment of trainees, including core unit reviews and in-training assessments |
|------------------------|---|
| Description | Formal assessments with feedback completed by supervisor of training, education officer, another supervisor, tutor or examiner. |
| Examples | ANZCA core unit/clinical placement/SSU/provisional fellowship reviews ANZCA scholar role assessments FPM in-training assessments FPM core training stage/practice development stage reviews Trainee performance review. |
| Further information | ANZCA handbook for training FPM training handbook |
| Evidence required | Trainee's name. |

| Activity | WBA of trainees Workplace-based assessment of trainees, including provision of feedback |
|----------------------|---|
| Description | Observation of trainee or student performance in the workplace using a structured form, with constructive feedback provision on performance. |
| Examples | ANZCA mini clinical evaluation exercise (mini-CEX) ANZCA direct observation of procedural skills (DOPS) ANZCA case-based discussion (CbD) FPM Workplace-based progressive feedback |
| Further information | ANZCA handbook for training FPM training handbook |
| Evidence required | Assessments completed in the ANZCA Training Portfolio System will be automatically uploaded in the CPD portfolio. You need to confirm the activity for hours to be added to your annual total. FPM assessments need to be manually added to the CPD portfolio, with the trainee's name as evidence. |

| Activity | Wellbeing education sessions |
|------------------------|---|
| Description | Participation in a face-to-face or virtual wellbeing-related educational conference, workshop, small group discussion, or online learning module organised or provided by ANZCA, FPM, a special interest group, professional medical organisation, or healthcare institution. |
| Examples | Wellbeing SIG sessions Podcasts Webinars. |
| Further information | Wellbeing education session guideline Hours for college events will be automatically uploaded to your CPD portfolio. You will need to confirm the activity for the hours to be added to your annual total. Time spent developing a personal wellbeing plan is claimed under <i>critical</i> <i>reflection</i> . |
| Evidence required | Certificate of attendance/participation. |

CATEGORY 3 | Emergency response

| Practice type | Minimum annual hours |
|--------------------------------------|---|
| Clinical practice | 1 emergency response activity, with hours allocated under Category 2 - Knowledge and skills. |
| Practice without direct patient care | Not required |

For emergency response activity providers: Please see the <u>emergency response</u> webpage for information about how to apply for recognition of suitability for emergency response activities..

| Activity | Acute severe behavioural disturbance in the adult patient | A |
|-------------------------|---|----|
| Description | Simulation activity which aims to ensure anaesthetists and specialist pain medicine physicians have recognised training to prevent (where possible) and manage an ASBD situation. | D |
| Further information | Find recognised courses and workshops on the <u>college website</u> . | Fu |
| Guidelines and forms | Acute Severe Behavioural Disturbance (ASBD) in the adult patient ER session guideline | G |
| Evidence required | Certificate of completion issued by a recognised provider. | E |

| Activity | Can't intubate, can't oxygenate (CICO) |
|------------------------|---|
| Description | Simulation activity which aims to ensure anaesthetists have recognised training to prevent (where possible) and manage a CICO situation. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | Can't intubate can't oxygenate ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Anaphylaxis |
|------------------------|--|
| Description | Simulation activity which aims to ensure anaesthetists and pain medicine specialists (where relevant to their scope of practice) have recognised training to prevent (where possible) and manage anaphylaxis. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . Participants have the option to complete an online module (listed on the website) for this activity. |
| Guidelines and forms | Anaphylaxis ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |
| | |
| Activity | Cardiac arrest |
| | Simulation activity which sime to |

| Activity | Cardiac arrest |
|------------------------|---|
| Description | Simulation activity which aims to ensure anaesthetists and pain medicine specialists (where relevant to their scope of practice) have recognised training to manage a cardiac arrest. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | Cardiac arrest ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Cardiac arrest – specialist pain medicine physicians |
|------------------------|--|
| Description | Simulation activity which aims to ensure specialist pain medicine physicians (who are not practising anaesthetists) have recognised training in advanced life support that addresses considerations in settings where procedures for pain are performed. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | <u>Cardiac arrest specialist pain medicine</u> physicians ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | COVID-19 airway management |
|------------------------|---|
| Description | Simulation activity which aims to ensure anaesthetists have recognised training for optimal patient airway management and infection control measures, in the context of COVID-19. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | COVID-19 airway management ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Malignant hyperthermia |
|------------------------|---|
| Description | Simulation activity which aims to ensure anaesthetists and pain medicine specialists have recognised training to recognise and manage malignant hyperthermia. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | <u>Malignant hyperthermia ER session</u> guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Central nervous system oxygen toxicity (CNS-OT) |
|-------------------------|--|
| Description | Simulation activity which aims to ensure hyperbaric physicians have recognised training to manage CNS-OT events. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | <u>Central nervous system oxygen toxicity</u> (CNS-OT) ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Major haemorrhage |
|------------------------|--|
| Description | Simulation activity which aims to ensure anaesthetists have recognised training to prevent (where possible) and manage major haemorrhage. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . Participants have the option to complete an online module (listed on the website) for this activity. |
| Guidelines and forms | <u>Major haemorrhage ER session</u> guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |

| Activity | Opioid-induced ventilatory impairment |
|------------------------|---|
| Description | Simulation activity which aims to ensure anaesthetists and pain medicine specialists have recognised training to recognise and respond to opioid- induced ventilatory impairment. |
| Further information | Find recognised courses and workshops on the <u>college website</u> . |
| Guidelines and forms | Opioid-induced ventilatory impairment ER session guideline |
| Evidence required | Certificate of completion issued by a recognised provider. |