



# Recommendations on monitored care by an anaesthetist

## 1. Introduction

The Australian and New Zealand College of Anaesthetists endorses the concept of monitored care provided by an anaesthetist for a procedure performed under local anaesthesia or sedation. Monitored care may also be required in special situations such as the intravascular administration of contrast medium in a suspected susceptible patient.

Monitored care may be requested by a surgeon, dentist, obstetrician, physician, endoscopist, radiologist, radio therapist, or other proceduralist, or by a patient or his/her carer.

The provision of monitored care may be exacting and time consuming because of the general condition of the patient and, in some cases poor access, the location of the procedure and availability of support staff.

## 2. General principles

2.1 Monitored care shall include:

- 2.1.1 Performance of a pre-anaesthetic consultation in accordance with College Professional Document *PS07 Recommendations on the Pre-Anaesthesia Consultation*, including obtaining consent in accordance with College Professional Document *PS26 Guideline on Consent for Anaesthesia or Sedation*.
- 2.1.2 Monitoring of the patient, as appropriate, in accordance with College Professional Document *PS18 Recommendations on Monitoring During Anaesthesia*.
- 2.1.3 Administration of intravenous sedation, if required, in accordance with College Professional Document *PS09 Guideline on Conscious Sedation for Diagnostic, Interventional Medical and Surgical Procedures*.
- 2.1.4 Other therapeutic measures as required.
- 2.1.5 Transfer of the patient, if required, to an appropriate Recovery Area in accordance with College Professional Document *PS04 Recommendations for the Post-Anaesthesia Recovery Room*.

2.2 A record of clinical observations and of drugs administered shall be kept in accordance with College Professional Document *PS06 The Anaesthesia Record. Recommendations on the Recording of an Episode of Anaesthesia Care*.

2.3 To ensure that standards of patient care are satisfactory, equipment and staffing of the area in which the patient is being managed should satisfy the requirements in the appropriate College Professional Document *PS55 Recommendations on Minimum Facilities for Safe Administration of Anaesthesia in Operating Suites and Other Anaesthetising Locations* (previously T01).

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