

## ANZCA and FPM Continuing professional development (CPD) program

# Acute Severe Behavioural Disturbance (ASBD) in the adult patient - recognition of suitability application form

This application form is for course providers who wish to receive recognition of suitability as an emergency response activity in the ANZCA and FPM CPD program.

### Personal details

First name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

Suburb/State/Postcode \_\_\_\_\_

Mobile \_\_\_\_\_

Email \_\_\_\_\_

Position \_\_\_\_\_

Qualifications \_\_\_\_\_

Name of institution/ private practice \_\_\_\_\_

Department \_\_\_\_\_

### Session information

Session title \_\_\_\_\_

If applicable, which ANZCA/FPM event is this session a part of? \_\_\_\_\_

This is a once-off occurrence Start \_\_\_\_\_ End \_\_\_\_\_

This is an ongoing session Starting from \_\_\_\_\_

I acknowledge that if there are any changes to the course content or duration, I will need to reapply for recognition of suitability.

Along with the completed application form, I will submit a copy of the outline or structure of the intended course or workshop, by the facilitator.

Signature \_\_\_\_\_ Date \_\_\_\_\_



**Learning objectives**

To achieve recognition for the ANZCA and FPM CPD program, the education session must address, as a minimum, the objectives below.

**This session will cover the following:**

**Knowledge**

|    |  |  |
|----|--|--|
| 1  | Describe the key components of the initial assessment of an adult patient with ASBD (including physical and mental state risk assessment) prior to sedation.                         |  |
| 2  | Identify potential antecedents and risk factors for acute behavioural disturbance in the medical setting.  |  |
| 3  | Identify the common causes of ASBD (including hypoxia) while recognising that its aetiology is likely to be multifactorial.  |  |
| 4  | Understand specific de-escalation techniques and how to engage a person with behavioural disturbance.  |  |
| 5  | Describe the legal requirements and their relevance for the urgent management of ASBD.   |  |
| 6  | Identify the risks associated with emergency sedation and the need to manage any complications.  |  |
| 7  | Understand the importance of safe patient positioning, specifically avoiding the prone position, throughout the clinical intervention.   |  |
| 8  | Recognise the importance of carefully titrating sedative pharmacotherapy with the aim of stopping the disturbed behaviour rather than specifically inducing sedation.                |  |
| 9  | Recognise the interpersonal and cognitive factors that contribute to poor outcomes in situations of ASBD.  |  |
| 10 | Understand that there is a requirement for organisational risk assessment via incident reporting, audit of events and, if required, root cause analysis                              |  |
| 11 | Safely apply less restrictive behavioural interventions to de-escalate ASBD when possible.   |  |
| 12 | Demonstrate the appropriate selection and administration of sedative pharmacotherapy to manage ASBD as dictated by relevant state wide or national guidelines and drug availability. |  |
| 13 | Apply a standardised sedation scoring system such as the SAT to guide titration.   |  |
| 14 | Demonstrate leadership including clear instruction of sedation goals and monitoring requirements.  |  |
| 15 | Detect and appropriately manage any complications arising from sedation.   |  |
| 16 | Apply appropriate post sedation care including medical monitoring in a high dependency or intensive care unit if necessary.  |  |
| 17 | Discuss with the patient and family what has occurred and the planned follow up.   |  |
| 18 | Develop protocols that include audit, incident monitoring and root cause analysis and know when to employ these for organisational risk reduction.                                   |  |

**Structure of the education session**

Education session delivered in a workshop or structured group discussion format must:

|   |  |  |
|---|--|--|
| 1 | Provide pre-course reading (could be web-based) that refers to relevant state or national guidelines for the management of adult patients with acute severe behavioural disturbance and provides relevant foundation knowledge of the session content. |  |
| 2 | Have a minimum total duration of ninety (90) minutes, which should include discussion of cases and the practical application of relevant knowledge.  |  |
| 3 | Provide case-based discussion or scenario-based simulation activities.   |  |



**Structure of the education session (cont.)**

|   |   |  |
|---|---|--|
| 4 | Utilise ASBD cases that include a variety of clinical features and degrees of severity at presentation  |  |
| 5 | Be facilitated by a clinician who is appropriately skilled and experienced to deliver the content of the session. If possible the facilitator will have medical education experience and/or credentials.  |  |
| 6 | Provide one facilitator per 15 participants' ratio. Facilitators must be actively engaged with each participant.  |  |
| 7 | Course directors who wish to record information relating to the performance or conduct of participants must obtain written consent and adhere to the privacy policies of their organisation and location. ANZCA does not collect this information and it is optional for the course provider and director to do so. |  |

**Session materials**

Session materials for delivery via workshop or group discussion will include the following:

|   |   |  |
|---|---|--|
| 1 | Session objectives  |  |
| 2 | Session outline   |  |
| 3 | Facilitators' guide (including scenario outlines)   |  |
| 4 | Session evaluation forms for feedback from participants                                     |  |
| 5 | Participant list template to record date, venue, names and appointment type of participants |  |
| 6 | Relevant state or national guidelines and management resources as handouts                  |  |

**Comments:**

Please send your completed form along with a copy of the outline or structure of the intended course/workshop to the CPD Team at [cpd@anzca.edu.au](mailto:cpd@anzca.edu.au) or mail them to:

CPD Team  
ANZCA House  
630 St Kilda Road  
Melbourne VIC 3004  
Australia